celeb buzz p/14

Rebecca, Jerry trying for baby

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VANCOUVER • TUESDAY, JULY 22, 2008 metronews.ca

Local page 4

Accepting the Zipcar challenge

Social Eyes page 12

SATC hunk comes to Vancouver

Your Money page 7

Make plans for your perfect day

Beijing Games page 9

Rower finds her passion

Please recycle

RAFE ARNOT/METRO VANCOUVER

Vancouver Coun. Tim Stevenson is introducing a motion today to ban bottled water and water coolers from City Hall and is promoting tap water as a healthier and more environmentally sound alternative.

Bottle ban sought

JEFF HODSON
jeff.hodson@metronews.ca

A local city councillor wants to flush plastic water bottles from City Hall.

Vision Coun. Tim Stevenson is putting forward a motion today to ban the sale and provision of bottled water, including water coolers, in all city departments.

It also asks the motion be relayed to the park, library and police boards for adoption.

"We have the very best (tap) water anywhere in the world here," Stevenson said. "It's the cleanest. The purest … the City of Vancouver should be setting an example for all of the citizens."

However, he added, employees who prefer bottled water can still bring it into work.

Stevenson gives several reasons for his proposed ban.

Bottled water, he said, doesn't have the same standards as Vancouver's tap water.

Customers often don't know when or where it is bottled and in some cases, he added, it is just Vancouver tap water in plastic bottles.

For example, Pepsi's Aquafina comes mostly from Vancouver and Mississauga, according to the David Suzuki Foundation.

The bottles can't be reused because they leach chemicals and put an "enormous amount of plastic" into local landfills. Seven million plastic water bottles are thrown in the trash in the Lower Mainland annually, Stevenson said.

A vote on Stevenson's motion will likely be delayed until Thursday so that the public can speak on it.

Similar bans have been implemented in other parts of the country, including St. John's, Nfld.

"If we're going to preserve our environment," said St. John's Deputy Mayor Ron Ellsworth, "we need to do what is necessary — reducing the amount of plastics we create as waste."

oil requirements

The amount of oil required to create a plastic water bottle is the equivalent of filling the same bottle a quarter full with oil.

Share your thoughts »
vancouverletters@metronews.ca

Under-25s have annoying sound just for them

TEEN REPELLENT A B.C. interior city is using an annoying high-pitched sound that only young people can hear to chase off teenagers loitering in front of a local nightclub.

Castlegar has spent almost $7,000 on the Mosquito Ultrasonic Teen Repellent, which emits a high-pitched sound that usually only people under 25 can hear.

The device has been used in Europe for a few years, enough time for the sound to be made available online and for some youths to use it to their advantage.

Gordon Sinn, a student in Wilfred Laurier University in Ontario, said his friends downloaded the sound as a ringtone so they can hear their cellphones in class without it being noticed by their teachers.

"I downloaded it for fun, tried it on my parents and they couldn't hear it," he said. "But I don't use it because I heard it was bad for your ears." JOYCE YIP/FOR METRO VANCOUVER

Can you hear it?

Go to *metronews.ca/vancouver*

Foot owner to stay a mystery to public

IDENTIFICATION Investigators are not publicly identifying a man whose foot washed ashore in Georgia Strait last August.

The foot — the first of five found in Southwestern B.C. in the past year — was discovered Aug. 20, 2007 inside a Campus-brand running shoe on Jedediah Island.

Police, however, said that at the request of the man's family they would not be releasing his identity.

A tip from the public lead to the identification.

RCMP don't know how the man died, but have no evidence of foul play. The foot, like the other four found, became disarticulated through natural processes, like decay.

As well, police confirmed that they have eliminated four people killed in a plane crash off Quadra Island in 2005 as possible sources for the feet.

JEFF HODSON/METRO VANCOUVER

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Council set to vote on city beach smoking ban
Vancouver City Council was expected to vote last night on whether to ban smoking on city beaches. Since January, Vancouver Coastal Health staff members have been asking to extend the smoking bans from entranceways to beaches. SOURCE: CBC.CA/BC

Local

Dead heron to stay put

Despite complaints about the smell, a dead heron hanging in a tree next to the Stanley Park tennis courts will remain there, so as not to disrupt the colony. The local heron population only began a comeback in 2004 after several years in decline. SOURCE: CBC.CA/BC

Citytv
ROGERS

Addicts teach 'scary' lesson

JOYCE YIP
for Metro Vancouver

A group of teens are spending two days loitering Downtown Eastside streets for a reality check.

The 14 youths from Hazelton and their chaperones arrived at skid row Sunday night for the 48-hour Scared-Straight Tour, which aims to let the 14- to 19-year-olds see how people who abuse drugs and alcohol end up.

William Matthews, one of the organizers, said the tours, which have been running for two years, are effective.

"It was very emotional and scary for us, and it was very sad for them to see something like homelessness and drugs," he said. "In Hazelton, unemployment is very high, so we're trying to get the kids to stay active."

Madeline Sambson, a 17-year-old who was kicked out of her home for abusing drugs and alcohol, said she would never touch them again after the tour.

"I have been doing a lot of drinking mainly because of family fighting … and that's where the alcohol comes in and helps us," she said. "I won't do (drugs and alcohol) again because it was a very good experience coming down here, seeing those people and helping them out."

Kyle Wilson, 18, said he was shocked that most addicts started out with smoking just occasional joints — like he does.

"It scared me that they started out like I did, drinking and smoking pot," he said. "They said they wouldn't turn out to be how they were, but they did."

Share your thoughts »
vancouverletters@metronews.ca

Suspended **Kroeger hitches a ride in style**

PHOTO COURTESY NADIA LANDSTAAD

Chad Kroeger trades his Lamborghini for a chauffer-driven limousine during a recent night out on the town in Vancouver. The lead singer for Nickelback is serving a one-year suspension for driving with a blood-alcohol level almost twice the legal limit.

News in brief

PAYDAY It costs B.C. payday loan companies an average of $25.21 for each $100 loaned, according to a survey released yesterday by the Canadian Payday Loans Association. That includes operating costs, cost of capital and bad debts.

CHIEF Ward Clapham was sworn in yesterday as the new chief of the South Coast B.C. Transportation Authority Police Service. Clapham, a former RCMP superintendent, was previously the head of Richmond Mounties.

METRO NEWS SERVICES

City tourism eyes lesbian travellers

U.S. Tourism Vancouver wants to woo U.S. lesbians to bring millions of new tourism dollars into the local economy.

A notice on motion, put forward today by Vision Coun. Tim Stevenson, would provide Tourism Vancouver $25,000 to market the city specifically to gay women travellers.

"Vancouver is a very popular destination with lesbian travellers in the U.S. market," said Candice Gibson, manager of consumer marketing with Tourism Vancouver.

The city appeals because it is friendly, welcoming and safe, Gibson said. It is also family friendly and has a great lesbian community on Commercial Drive.

Tourism Vancouver spends about $100,000 a year marketing the city to a broader GLBT (Gay, Lesbian, Bisexual and Transsexual/Transgender) community.

JEFF HODSON/METRO VANCOUVER

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Expect Olympic-sized lineups at border
Border lineups during the 2010 Games could rival those of busy summer weekends, a senior border official said yesterday at the Pacific Northwest Economic Region summit. SOURCE: CKNW.COM

Surrey police shoot dog, family mourns loss

PIT BULL CROSS A Surrey family is looking for answers after police shot and killed their dog Sunday.

RCMP Sgt. Roger Morrow said police were responding to a dropped 9-1-1 call when they entered a fenced area of the home and encountered Mason, a pit bull-bull mastiff cross. The dog approached an officer and appeared as if it was going to strike, leading the officer to fire two fatal rounds.

Rajan Basra, owner of the dog, said that it simply wanted to play. The family believes a the dog's breed played a role in the shooting.

"He brought so much happiness into our world," Basra told news1130.com. "We'd joke around and call him our baby brother."

Calls to Surrey RCMP yesterday were not returned by deadline.

ANDREA WOO/ FOR METRO VANCOUVER

News in brief

YOUTH CRIME The number of young offenders sent to jail in B.C. has dropped by half over the past six years, according to a new report from Statistics Canada. B.C. sent 502 youths to detention centres in 2005-06, down from 1,004 in 2001-02.

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RAFE ARNOTT/METRO VANCOUVER

Chantelle Bousquet tries out a Mini Cooper Zipcar during the launch of the Low-Car Diet Challenge downtown yesterday.

Dozen accept challenge

Participants turn in car keys for transit passes, Zipcars

ANDREA WOO
for Metro Vancouver

About a dozen Vancouverites have accepted a challenge to give up their personal cars and reduce their carbon footprints for one month.

At Granville Plaza yesterday, participants of Zipcar's Low-Car Diet Challenge tossed their car keys into a fishbowl in exchange for a Zipcar membership and a bus pass in an effort to reduce car use.

Participant David Kim, a student at the University of B.C., said that the challenge sounded like a fairly convenient way to reduce emissions.

"I use my car to go everywhere," he said. "I think it'd be better to try to do the car-sharing thing — kind of like a carpool, but you get to use it when you want."

Penny Cholmondeley, another participant, said that a big perk of taking public transit and driving will be not having to worry about gas, insurance, oil changes and parking.

"I'm hoping to save a bit of money," she said.

Zipcar officials will conduct surveys with the participants twice over the next month and again at the challenge's conclusion.

Zipcars are public-use cars that can be rented by the day or hour. They can be picked up or dropped off at various locations around the city and fees include gas and insurance.

updates

- Metro will be checking in with participants every Monday for the duration of the challenge.

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PHOTO COURTESY B.C. SPCA

A desert fox seized by the B.C. SPCA.

Several animals seized, charges are pending

PETTING ZOO Several animals have been seized from a roadside petting zoo north of Vernon, the B.C. SPCA announced yesterday.

Two pot-bellied pigs, two turtles and a desert fox — all suffering from a number of welfare issues like untreated eye infections, internal parasites and extreme thinness — were taken last Wednesday.

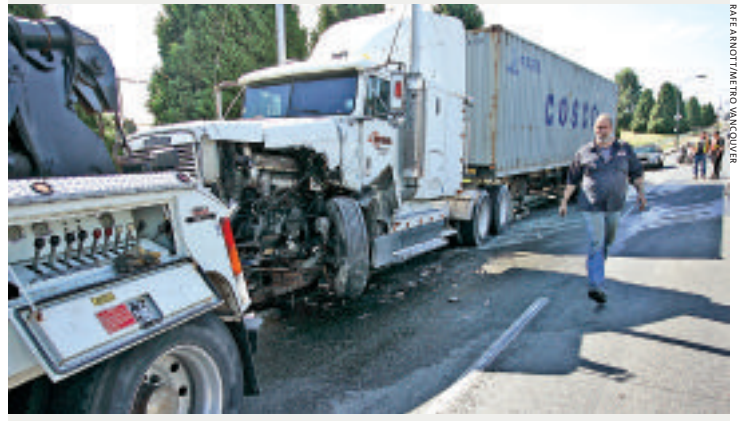
The animals were also kept in inadequate areas and the zoo was told to improve conditions for the remaining animals.

Animal cruelty charges are pending, said Const. Kathy Woodward.

"We will be following up to ensure that the caretakers of the animals comply with the additional orders that were issued," she said.

JOYCE YIP/FOR METRO VANCOUVER

Collision **Big rig wrecked**


RAFE ARNOTT/METRO VANCOUVER

A semi-truck is prepped for towing after being involved in a multi-car pileup at Knight Street and East 33rd Avenue yesterday morning. Traffic was halted in both directions while crews worked to clean up the area.

Wait continues for Martin's dad

ANDREA WOO
for Metro Vancouver

PAROLE The father of a woman who was returned to Canada in May after spending two years in a Mexican prison will have to wait at least a few more months to see her.

Tom Martin, who currently lives in South Surrey, has been anticipating a reunion with daughter Brenda since her return to her native Trenton, Ont.

Martin — who has not seen Brenda since she was a baby — said yesterday that she will be tied up with legal and financial matters for the next few months and that after that, she will need permission to leave the province because she is on parole.

"She won't be able to come out here until at least October," he said.

Brenda was jailed near Guadalajara after being found guilty on laundering charges for accepting funds from her former boss, Canadian Alyn Waage, who ran a $60-million Internet scam. She has always maintained her innocence.

another case

- Brenda Martin's lawyer, Guillermo Rico Cruz, is now defending a former North Vancouver man arrested on drug-related charges.

Atlantic soldier facing court martial

A Nova Scotia soldier will be court-martialled for his role in the March 2007 death of Cpl. Ronald Kevin Megeney. Yesterday, the Department of National Defence announced it will prosecute Cpl. Matthew Wilcox of Glace Bay for manslaughter. Originally the military had called the incident an accidental shooting. METRO CANADA

Canada

"There were a series of conversations ... that certainly raise questions."

Donald Plouffe, a Federal Competition Bureau officer, speaking about alleged Quebec gas price fixing.

gas prices

Wire-tap evidence that led to charges in an alleged Quebec gas price-fixing scheme suggest discussions about prices took place in several regions beyond those targeted, a new report reveals.

Supremacists offer money to relocate

A Canadian white supremacist group, apparently struggling to attract new blood, has turned to offering financial incentives to woo recruits, a newspaper reported yesterday.

The Aryan Guard in Calgary who number an estimated 25, has offered to pay the damage deposit on rental accommodations for anyone relocating to the city to join the group.

"The Aryan Guard is always seeking new brothers and sisters, if you are interested in relocating to our Calgary area, we will pay the damage deposit for your residence," the Internet posting said.

The posting is entitled "White Nationalist Relocation Program — Destination Calgary." The group has had trouble gaining traction in the Western Canadian city, where they have been outnumbered at their rallies by crowds of anti-racists.

"If you are interested in relocating to our Calgary area, we will pay the damage deposit for your residence."
Pulled from an Aryan Guard message board

No one at the Aryan Guard returned requests for an interview about the cash incentives.

"That makes me sick," the Sun quoted city councilor Ric McIver as saying.

McIver said the local government could not stop anyone from moving to town, but he stressed hate crimes will not be tolerated.

REUTERS

Edmonton **Ahead of the crowds**

BEN LEMPHERS/METRO CANADA

Sonya Frenette, 8, gets up close and personal with a miniature horse named Charlie at the Monday Morning Magic event for sick kids at Edmonton Capital EX fair. The tradition invites handicapped children to experience the festivities a little earlier in the day, before the crowds pile through the gates.

Lawyer warns against water pact

GREAT LAKES A pact designed to preserve the Great Lakes is in reality a "slippery slope" that threatens severe harm to the world's largest body of fresh water, a top U.S. environmental lawyer has warned Canadians.

"In effect, a precedent is being set, in that it allows for the commercialization of water. You are privatizing it," James Olson said yesterday of an agreement among eight Great Lakes states now before the U.S. Congress and linked to the provinces of Ontario and Quebec through a side deal.

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Chavez wants to hug the king of Spain

Venezuela's President Hugo Chavez said on Sunday he would like to give the king of Spain a hug when he visits Europe next week, but the outspoken leader, referring to a diplomatic spat last year, said he will not shut up. REUTERS

World/Business

Ex-Bosnian prez arrested

After 11 years on the run Radovan Karadzic captured

Bosnian Serb wartime president Radovan Karadzic, wanted for planning and ordering Europe's worst atrocities since the Second World War, was arrested yesterday after 11 years on the run.

"Karadzic was located and arrested," President Boris Tadic said in a terse bulletin with the news that Bosnian Muslims had begun to despair of ever hearing.

It brought people out in the night onto the streets of Sarajevo, the city his troops shelled mercilessly during a 43-month siege, to celebrate the capture of the man charged with authorizing the slaughter of 11,000 of their fellow citizens.

"I called and woke up my whole family," said Sarajevo resident Fadil Bico as cars streamed through the streets honking horns and Bosnian state radio played excerpts of Karadzic's wartime hate speeches.

Serbian government sources said Karadzic had been under surveillance in Serbia for several weeks after a tip-off from a foreign intelligence service. He did not resist arrest, they said.

Radovan Karadzic

His arrest was one of the main conditions of Serbian progress toward European Union (EU) membership, which most of its people desire.

Richard Holbrooke, former U.S. Balkan troubleshooter during the wars of the 1990s described Karadzic as the Osama bin Laden of Europe," a real, true architect of mass murder."

Karadzic went underground more than a year after Holbrooke negotiated the 1995 Dayton accords that ended the war in Bosnia and NATO deployed a huge force of peacekeepers in early 1996.

Alleged sightings were rare. He was said to be hiding in monasteries, disguised, shuttling among remote hideouts with the help of a network of diehard loyalists. REUTERS

Mugabe makes deal with rival

ZIMBABWE UN Secretary-General Ban Ki-moon welcomed a deal between Zimbabwe's President Robert Mugabe and opposition leader Morgan Tsvangirai yesterday that paves the way for talks on forming a power-sharing government.

The preliminary agreement was signed in Harare's Rainbow Towers Hotel after weeks of deadlock following Mugabe's re-election on June 27 in a widely condemned poll boycotted by Tsvangirai because of violence against his supporters. REUTERS

Blasts on buses kill 2, injure 14 in China

SABOTAGE Explosions on two Chinese buses killed at least two people and injured 14 in the southwestern city of Kunming yesterday, media said, amid a security clampdown ahead of next month's Beijing Olympics.

The official Xinhua news agency blamed the blasts on "sabotage." REUTERS

Missing Madeleine McCann case dropped

ANDREW FOX/REUTERS

Gerry and Kate McCann speak to media yesterday during a news conference in their home village of Rothley, England. Portugal's public prosecutor dropped the case yesterday on the disappearance of Madeleine McCann in the absence of any evidence.

Obama, Iraqi leaders meet

VISIT U.S. Democratic presidential candidate Barack Obama met Iraqi leaders and U.S. military commanders in Baghdad yesterday in a visit overshadowed by the question of when U.S. troops should go home.

U.S. strategy in Iraq and troop levels are central issues in the November election race between the first-term senator from Illinois and Republican candidate John McCain.

Obama, who has made his opposition to the U.S.-led invasion of Iraq five years ago a centrepiece of his campaign, was in Baghdad to assess security in Iraq, where violence has fallen to its lowest level since early 2004.

Iraqi government spokesman Ali al-Dabbagh said Obama did not mention his pledge to remove U.S. combat troops within 16 months if he takes office in talks with Prime Minister Nuri al-Maliki.

But in comments suggesting Iraq and Obama are not far apart on the timeframe, Dabbagh said Baghdad's goal was for foreign combat forces to leave by the end of 2010 if security conditions allowed. REUTERS

Assistance limited

- The U.S. State Department said yesterday it had ordered its embassies to limit the help they give visiting presidential candidates senators Barack Obama and John McCain so as to avoid violating U.S. laws.
- Under U.S. law, there are restrictions on the partisan political activities of federal employees to prevent government workers from exerting undue influence on elections.

News in brief

HEALTH A personalized vaccine made using tobacco plants — normally associated with causing cancer rather than helping cure it — could aid people with lymphoma in fighting the disease, U.S. researchers said yesterday. REUTERS

Business

Spectrum auction ends

WIRELESS Canada's auction of wireless spectrum ended yesterday and new players appear poised to enter the market and challenge the country's Big Three carriers in a fight for mobile phone subscribers.

The auction of airwaves over which wireless services are delivered raised $4.25 billion in 331 rounds and almost two months of bidding — more than twice the amount analysts had expected.

Rogers Communications was the top bidder with offers totalling $999.4 million — letting the company secure spectrum in every area of the country.

Telus Corp. had $879.9 million in standing high bids. BCE Inc., the biggest telecom company in the country, had bids totalling $740.9 million. REUTERS

Key facts

- Rogers, Telus and BCE now control about 95 per cent of the wireless market in terms of revenues.

Car likely to overtake truck

TOP CAR A car will likely beat a truck as Canada's bestselling vehicle in 2008 for the first time in 15 years as consumers turn sharply to smaller, more fuel-efficient autos.

Honda's Civic compact is pulling away from Ford's F-Series pickup in sales at the halfway point of the year, according to figures from DesRosiers Automotive Consultants.

Sales of the Civic, which has built a reputation for durability, fuel efficiency and overall value, shot up 24 per cent to 43,029 in the January-June period this year from the same six months in 2007.

Meanwhile, volumes for the venerable Ford F-Series pickups have slid 6 per cent to 36,555 in the same periods. TORSTAR NEWS SERVICE

In brief

BOMBARDIER The U.S. National Transportation Safety Board recommended yesterday that Bombardier revise takeoff instructions for its Challenger 600 airplanes following a February 2005 incident in which a Challenger jet ran off a runway in New Jersey. REUTERS

RAIL CN Rail believes it will win U.S. regulatory approval to buy Elgin, Joliet & Eastern Railway Co., but if it doesn't it will find another way to "skin the cat" of rail congestion around Chicago, its chief executive said yesterday. REUTERS

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Your Money

EDITOR: NINA DRAGICEVIC, NINA.DRAGICEVIC@METRONEWS.CA

Find the perfect day

SmartCookies

OK, brace yourselves; we're going to get a little deep here. We have finally finished A New Earth.

Yeah, yeah, we know we are a little behind the 8-ball on this one but let's agree, it's not a summer beach read, and, hey, we'll admit, we've been a little busy.

Now being Smart Cookies we find a way to relate everything we read back to money. And Eckhart Tolle's book is no different.

Essentially, Tolle explains that many people become consumed by obtaining things in attempts to fill or complete themselves. While we agree, we are the first to admit that we love "things" — new shoes, new clothes, new items for our home — you name it. So we were relieved to read that it's OK to want things.

"How many of you have thought, 'Once I get that new house, then my life will be better?' Or, 'If I get this dress for tonight, then I will stand out at the party?'"

However, according to Tolle, it's impossible to lead a fulfilling life if we try to build our identity through "things." Tolle illustrates this point by saying "we cannot really honour things if we use them as a mean to self-enhancement, that is to say, if we try to find ourselves through them."

Planning your perfect day allows you to gain clarity on what exactly you want.

The point is, to be appreciative of what you have right now. And it's not about what you want but rather why you want it. For example, do you want the coach bag because it's good quality and lasts forever or do you want it because you think people will look at you and think you've arrived?

How many of you have thought, "Once I get that new house, then my life will be better?" Or, "If I get this dress for tonight, then I will stand out at the party?" Or, "Once I get that new car I will find the right woman?"

We'll admit we used to throw around the same excuses but we've gotten a lot better ever since we created what we call "The Perfect Day." Planning your perfect day allows you to get clear on what exactly you want to spend your money on. On *smartcookies.com* we have a number of questions to help you describe your perfect day. Essentially, you pull three activities from your perfect day that bring you joy (spending time with family and friends, cooking, working out) and then three things in your perfect day that you don't have now but are looking forward to in the future.

We invite you to visit *smartcookies.com* and download the Perfect Day exercise. Send comments and questions to us at *smartcookies@metronews.ca*.

Tune in Wednesday at 9 p.m. EST/PST on the W Network and be sure to visit *smartcookies.com* for more tips.

MoneyMatters

Henry Choo Chong

A reader asks about the tricky investment world. Read Henry's column exclusively at *metronews.ca*.

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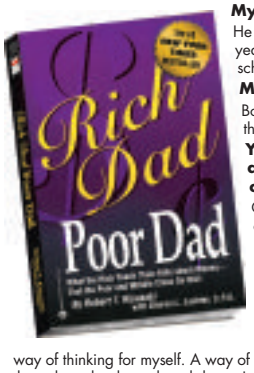

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NHL

Former NHL player, head coach and general manager Mike Milbury has joined the Hockey Night In Canada broadcast team for the 2008-09 season. Milbury will be an analyst and a regular on The Hot Stove — a second-intermission feature. **METRO NEWS SERVICES**

Sports

Saints acquire Shockey

The New York Giants traded tight end Jeremy Shockey, left, to New Orleans yesterday in exchange for the Saints' second- and fifth-round draft choices in 2009. Shockey has played his entire six-year career with the Giants, compiling 4,228 yards and 27 touchdowns on 371 receptions. Metro News Services

SPORTS EDITOR: JONATHAN P. KUEHLEIN, SPORTS@METRONEWS.CA

Sports world defies logic

Eskimos late collapse, Loewen's career change among head shakers

YorkReport

marty.york@metronews.ca

Logic is being defied at an awfully alarming rate in professional sports these days. Consider:

• In the CFL, in the year 2008, in a multicultural country, there are no black general managers, head coaches or even referees.

• With 99 seconds remaining in Toronto on Sunday, the Edmonton Eskimos allowed a previously mediocre Argonauts offence to march a mind-boggling 109.5 yards to score a game-winning touchdown in a series that featured no fewer than five catches for 79 yards by some kid called Tyler Scott, who hadn't played football since he left some place called Saginaw Valley State two years ago.

• In his first two starts, North Carolina graduate Darian Durant accomplished something few other U.S. quarterbacks could — instant CFL success. Durant is precisely what the CFL's doctor ordered — invigorating new blood. He tore apart defences, passing for nearly 350 yards in each of Saskatchewan's back-to-back triumphs, and yet Roughriders coach Ken Miller will start inconsistent, injury-prone QB Marcus Crandell next game.

a perfect start

Darian Durant is the first quarterback to win his first two CFL starts with Saskatchewan since Kent Austin in 1987. Marcus Crandell, not Durant, will start against Toronto Sunday, when the Roughriders seek their first 5-0 start since 1948.

• Japanese baseball star Ichiro Suzuki of the Seattle Mariners still uses a translator to do interviews with North American reporters even though he speaks near-perfect English to his teammates.

• The pitching career of British Columbia's Adam Loewen, 24, came to an abrupt, painful and heartbreaking end Saturday because of elbow problems, and yet the Baltimore Orioles actually feel they'll save the kid's MLB career by converting him into an outfielder, a transformation only one other major-leaguer — the St. Louis Cardinals' Rick Ankiel — has made successfully.

• A cat spat of sorts between a foul-mouthed Danica Patrick and a towel-throwing Milka Duno attracted far more attention this weekend than their so-called sport, auto racing, has all year. (Check it out at *www.metronews.ca*.)

• Jason Taylor was traded to the Washington Redskins Sunday, even though Miami bossman Bill Parcells said recently the defensive lineman would remain a Dolphin "unless he retires. If we trade Taylor, I'll call you myself to tell you. But I won't have to because it isn't happening. That's how sure I am." … Makes a guy not buy those weekend denials about Mats Sundin joining the Vancouver Canucks.

• The geniuses who run pro tennis and pro golf both decided to hold their marquee Canadian events in Toronto in the very same week. This week. Why?

Marty York has been a groundbreaking sports columnist and broadcaster in Canada for decades.

B.C. Sports in brief

CFL Joe Smith returns as the Lions' starting tailback this Friday against Montreal after a pair of weeks on the Injury List. Rookie Stefan Logan proved to be a more-than-capable replacement in Smith's absence, which should keep him on the active roster this week as a result of receiver Cory Rodgers' season-ending Achilles tear. **SCOTT RINTOUL/METRO VANCOUVER**

SCOREBOARD

MLB

YESTERDAY'S RESULTS

AMERICAN LEAGUE
Baltimore 8 Toronto 3
N.Y. Yankees 12 Minnesota 4
Tampa Bay 4 Oakland 0
Detroit 19 Kansas City 4
Texas 6 Chicago White Sox 1
Cleveland 5 L.A. Angels 2
Boston 4 Seattle 0

NATIONAL LEAGUE
Atlanta 4 Florida 0
San Diego 6 Cincinnati 4
Milwaukee 6 St. Louis 3
Pittsburgh 9 Houston 3
L.A. Dodgers 16 Colorado 10
Arizona 2 Chicago Cubs 0

TODAY'S GAMES

AMERICAN LEAGUE
Minnesota at N.Y. Yankees, 4:05
Toronto at Baltimore, 4:05
Oakland at Tampa Bay, 4:10
Detroit at Kansas City, 5:10
Texas at Chicago White Sox, 5:11
Cleveland at L.A. Angels, 7:05
Boston at Seattle, 7:10

NATIONAL LEAGUE
Atlanta at Florida, 4:10
Philadelphia at N.Y. Mets, 4:10
San Diego at Cincinnati, 4:10
Pittsburgh at Houston, 5:05
Milwaukee at St. Louis, 5:15
L.A. Dodgers at Colorado, 6:05
Chicago Cubs at Arizona, 6:40
Washington at S. Francisco, 7:15

CFL

WEEK 5
THURSDAY'S GAME
Calgary at Winnipeg, 5
FRIDAY'S GAME
Edmonton at Hamilton, 4
Montreal at **B.C.**, 7
SUNDAY'S GAME
Toronto at Saskatchewan, 4

SOCCER

GAMES FEATURING THE VANCOUVER WHITECAPS MEN'S TEAM:
TOMORROW'S GAME
Charleston at **VANCOUVER**, 7

BASEBALL

NORTHWEST LEAGUE GAMES FEATURING THE VANCOUVER CANADIANS:
LAST NIGHT'S RESULT
VANCOUVER 6 Yakima 0
TONIGHT'S GAME
Yakima at **VANCOUVER**, 7:05

Dancevic upsets Ancic

TENNIS The first upset at this year's Rogers Cup in Toronto couldn't have worked out better for Canadian tennis fans.

Frank Dancevic of Niagara Falls, Ont., defeated world No. 24 Mario Ancic of Croatia 6-3, 6-4 last night in opening-round action at the Rexall Centre at York University.

The 82nd-ranked Dancevic gets an even tougher test next as he faces world No. 3 and defending champion Novak Djokovic of Serbia in a second-round match tonight.

Dancevic

Dancevic's compatriot, Frederic Niemeyer of Deauville, Que., was not as successful. He fell 7-6 (4), 6-1 to No. 12-seeded Tommy Robredo of Spain.

A one-set exhibition match last night saw Toronto's Daniel Nestor defeat Boris Becker 6-3, before Becker was officially inducted into the Rogers Cup Hall of Fame. **METRO NEWS SERVICES**

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Tennis
Mary Pierce has withdrawn from France's Olympic team due to injury. She will be replaced by Amelie Mauresmo. METRO NEWS SERVICES

Beijing Games

SPECIAL FEATURES EDITOR: STEPHANIE BOMBA, STEPHANIE.BOMBA@METRONEWS.CA

'I've found my passion'

Cameron discovers rowing at 25, battles all the way to Olympic berth

MATTHEW WUEST
Metro Canada

It took Tracy Cameron less than a week in a scull to decide rowing was going to take her to the Olympics.

It didn't matter that she was already 25 and had missed out on the key development years at the sport's junior and under-23 levels. It didn't matter that she had been completely removed from competitive sport for more than six years.

"The moment my hands touched the oars and I was on the water, it fit like a glove," she recalls. "I thought, 'This is it. I've found my passion. I've found the sport I love, and I'm going for it.' In my first week, I decided I was going to the Olympics."

Cameron wasn't expecting a life-changing experience when she wandered down to the Calgary Rowing Club eight years ago. The Maritimer from Shubenacadie, N.S., grew up surrounded by water and "missed it desperately" while studying her masters in science and sports medicine at the University of Calgary.

"I saw all kinds of activity on the water, but when I saw the rowers, it just intrigued me," she says.

On little more than a whim, she enrolled in a learn-to-row program, and the rest is history. Cameron, now 33, is going to the Beijing Games and is a medal contender with partner Melanie Kok of St. Catharines, Ont., in lightweight double.

She didn't become an athlete overnight, however. Cameron played two seasons of university basketball with the Acadia Axewomen in Wolfville, N.S., in 1993 and 1994.

But she did have a six-year pause from competitive sport before finding rowing. She says she "did a ton of snowboarding, mountain-bike racing and running races" during that time, but describes her involvement as "recreational."

"I'd been active and living an active lifestyle, so it was a pretty easy transfer," she says. "I just had to learn the skill of rowing, but the fitness base was already there. It really wasn't a difficult transition for me to become a rower."

Cameron tried to qualify for the Athens Olympics in the heavyweight class (59 kilograms and up) but was unsuccessful. As a result, she dropped into the lightweight class after consulting with physicians and an exercise physiologist.

"I was on the bubble as a heavyweight and I really didn't belong in that category," she says. "This is a more natural fit."

She lost 25 pounds in a year and won gold with Kok and two others in the lightweight quad at the 2005 world championships, the biggest achievement of her career so far.

"I always had the dream of going to the Olympics since my first days on the water, but it became a reality when I went down to the lightweight class," Cameron says.

She calls her crew a "dream team" with "lots of good energy happening," and admits she and Kok are "contenders, for sure" for a medal in Beijing. The proof of that is in bronze and gold medals they won at World Cup events in Europe in June.

Says Cameron of her goal in Beijing: "We're hoping to be able to play our national anthem for you."

Facts

NAME: Tracy Cameron
AGE: 33
SPORT: Rowing
CATEGORY: Lightweight double
CREWMATE: Melanie Kok of St. Catharines, Ont.
HOMETOWN: Shubenacadie, N.S.
CURRENT RESIDENCE: Calgary
CAREER HIGHLIGHT: Gold in lightweight quad at 2005 world championships.
MEDAL HAUL: Gold and bronze medals at World Cup events in June.

CHRISTOPHER LEE/GETTY IMAGES

After enjoying a successful Canadian university basketball career, Tracy Cameron took a six-year break from competitive sports before trying rowing on a whim and starting on a path that will take her to next month's Olympics in Beijing.

Sports in brief

SOCCER Real Madrid have asked Brazil to release Robinho from their Olympic squad after pre-season medical tests revealed that the forward is suffering from a groin injury. The 24-year-old player admitted he was disappointed that he would miss the Games, but respects his team's decision.

ATHLETICS Doping-tainted Greek sprinter Katerina Thanou must decide by tomorrow whether she will compete in next month's Beijing Olympics. Thanou, who served a two-year ban for missing drug tests, has not yet announced her decision. REUTERS

Tomorrow's lineup

TEAM EFFORT For the first time, Canada will be sending a full triathlon team of six people to compete at the Games. Pick up tomorrow's Metro for more.

16 days remain until the official start of the 2008 Summer Olympic Games in Beijing.

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Dental Reception Coordinator
Wednesday, July 23, 4:30 p.m. – Room 512

Medical Office Assistant
Thursday, July 24, 5 p.m. – Room 518

ESL Programs
Thursday, July 24, 9:30 a.m. – Room 5025
Wednesday, July 30, 9:30 a.m. – Room 5025

Employment and Educational Access for Women
Thursday, July 24, 2 p.m. – Room 424

Culinary Arts
Friday, July 25, 9:30 a.m. – Room 305 C

All sessions except ESL programs are offered at our **Downtown campus**, 200-block Dunsmuir at Hamilton (two blocks west of Stadium SkyTrain station).

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Centre for Transportation Trades School of Instructor Education
School of Language Studies Centre for Design Centre for Business Studies

Stick exchange
If you're trying to quit smoking, try real licorice roots (not licorice candy) and cinnamon sticks. They can substitute for the habitual need to have a cigarette between your lips. ALIVE MAGAZINE

Health

Raw Meal Deal

Raw foods provide superior nutrition as well as the enzymes necessary for their own digestion. The cooking process destroys these naturally occurring enzymes, forcing the pancreas to produce more internal digestive enzymes. Try to eat at least one completely raw meal each day, or eat a raw salad with a cooked meal twice a day. ALIVE MAGAZINE

EDITOR: ANN-MARIE COLACINO, ANN-MARIE.COLACINO@METRONEWS.CA

Drugs on campus

Fraternity bust sparks safety, prevention concerns

Police recently seized $126,000 of drugs, including ketamine (the "date-rape" drug), from a Toronto fraternity house. Police say the amount of ketamine found was enough to spike 6,200 drinks.

CANICE LEUNG
for Metro Canada

Fraternity busted for $126,000 in drugs — it sounds like a bad Hollywood stereotype, but that's just what happened when Toronto police seized one kilogram of ketamine (used as a date-rape drug) cocaine and mushrooms at the Delta Kappa Epsilon Alpha Phi house near the University of Toronto on June 27.

What police found was enough ketamine to spike 6,200 drinks. The drug is also used as a club drug, and accounts for about 5 per cent of drug use among young clubgoers, according to Ottawa's Canadian Centre on Substance Abuse.

Graduate Wasseem Malleye and current student Yong Park were charged with several drug-related offences, including possessing drugs for the purpose of trafficking.

Still, the news had some female U of T students wondering how safe their university really is. "Who knows if we go to an on-campus event or pub, you obviously have people from fraternities coming, and that would make me feel unsafe. God knows who would do what," said psychology student Nurin Jiwa.

Communications student Terri-Ann Persad said the school has never educated her about the dangers of date-rape drugs, nor did it inform her of the bust. "The school should make that more public," she said.

Prevention tips, education and crisis response officers are readily available through the school's health and counselling services, said school officials.

Although most DKE members are enrolled at U of T, spokesperson Rob Steiner said administration can't control fraternities because they aren't recognized by the school. "Our jurisdiction only extends to stuff at the university or stuff that's academic. I don't think we have anything to do with this at all," Steiner said, adding that student codes of conduct don't apply to off-campus fraternities.

Date-rape drugs are a community safety concern, but there's no evidence of a larger drug ring operating on campus, said Toronto police Det.-Sgt. Rob Johnson, who added the bust is an "isolated" incident, perhaps the first campus-related bust in Canada.

Reports across Canada

- **Edmonton:** Police media relations say date-rape drugs are uncommon. "We've never even seen the word 'rohypnol' in a press release," they said, referring to another popular date-rape drug.
- **Ottawa:** Drug unit Det. Rick Carey said they haven't seen much date-rape drug use, but it's difficult to find evidence that druggings occurred because they pass through the body quickly.
- **Halifax:** Constable for media relations Jeff Carr said date-rape drug use is rare, but it's difficult to prove druggings occurred. "We've never had a case where we've proved they were given the drug," he said.

CANICE LEUNG/
FOR METRO VANCOUVER

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The Lung Centre at VGH is seeking volunteers who are diagnosed with mild allergic asthma. This research study will evaluate the safety and efficacy of two different formulations (a powder form which is approved by Health Canada; the liquid form is still under investigation) of an asthma drug given subcutaneously (under the skin).

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There are approximately 7 to 11 clinic visits over 33 weeks. Some visits may consist of a chest x-ray (only if one was not taken within two years), breathing tests, allergy skin test, vital signs, ECG (electrocardiogram – a painless heart rhythm tracing), urine analysis, and blood tests.

Study medication will be provided if you are eligible for this study. Dr. J. Mark FitzGerald is a principal investigator for this study.

For more information, please contact the study staff at 604-875-4111, ext. 67915 or lindahui@interchange.ubc.ca and leave your name and daytime phone number.

AQUA

Genentech

In brief

EXERCISE, DEMENTIA LINK
RESEARCH Regular daily exercise benefits elderly women with dementia and these benefits appear to accrue over time, researchers from the Republic of Korea report.

BOTOX MAY HELP MIGRAINES
Drug injections of botulinum toxin — known as Botox — may help prevent migraines in people who suffer frequent migraine attacks, research hints.
REUTERS

Critics honour Mad Men
Mad Men has dominated the annual awards ceremony organized by the U.S. Television Critics Association. The drama was named program of the year and outstanding new show, and also won the prize for outstanding drama. **BBC NEWS ONLINE**

Entertainment

In the studio
Eminem is back in the studio. The rapper's friend and protegee Bishop Lamont confirmed Eminem is working on his first new material since 2004's Encore album. **FEMALEFIRST.CO.UK**

EDITOR: TINA COSTANZA, TINA.COSTANZA@METRONEWS.CA

Bixby goes country

Former Idol contestant releases Cowboys And Cadillacs

SANDY CAETANO
Metro Canada

Last season's Canadian Idol runner-up Jaydee Bixby makes a return to the TV reality show's stage tonight.

The Drumheller, Alta., country singer says he couldn't be more excited to come back to the place that kick-started his music career.

"That is one of the things that I was absolutely stoked about was to come back to do a song and perform," Bixby says. "It's kind of cool because now I have my new band with me and they're a great group of guys."

Fronting his new band, Bixby will perform the new single Old Fashioned Girl, off debut album Cowboys And Cadillacs, which was released last week.

Bixby says the reception he has received from fans all over Canada has been unbelievable.

"You go into it being very optimistic, thinking, 'OK my CD is going out in stores, that's pretty cool,'" says Bixby. "It's just amazing, but I didn't realize how much the Internet helps with sales and stuff because of things like iTunes."

PHOTO HANDOUT

Jaydee Bixby says fans' reaction to his new disc has been great.

From the moment his Canadian Idol experience ended Bixby has been keeping busy, from landing a contract with HRM Records to writing songs and assisting with the production of his new album.

"The whole process has been great since the beginning, where you're writing songs right through to where you're holding the package. It's just a phenomenal experience to go through," he says.

To see the tracks laid out and the whole process of making the album was something Bixby quite enjoyed and he even collected two co-writes on the album for tracks Love Is and Somewhere Tonight.

> **"The whole process has been great since the beginning, where you're writing songs right through to where you're holding the package. It's just a phenomenal experience to go through."**
> Jaydee Bixby

To the remaining Canadian Idol competitors, Bixby has some words of advice.

"If I focused on all the bad stuff the judges had said about me I would have been a wreck," says Bixby.

"If you focus on that, that's where people get messed up ... you've just got to keep keeping on and do what you do, and focus on the music."

More on Jaydee

- For more details on Jaydee Bixby, visit *jaydeebixby.com*.

Winehouse's husband sentenced to prison term

PEOPLE The husband of British soul singer Amy Winehouse was ordered to serve four and a half more months in prison yesterday after he pleaded guilty to attacking a pub landlord in 2006 and then trying to cover it up.

Winehouse, 24, and Fielder-Civil, 26, married in May last year.

Fielder-Civil, a one-time music video assistant, spent much of his first year of marriage behind bars, having been remanded in custody ahead of a planned trial for about nine months. **REUTERS**

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metro Do it daily.

New Terminator Cast

Roland Kickinger has been named as Arnold Schwarzenegger's successor in the new Terminator movie. He will play cyborg T-800 in Terminator Salvation, the role made famous by Schwarzenegger in the original movies. FEMALEFIRST.CO.UK

Hunk in the city

Sex And The City character Smith Jarrod (played by actor Jason Lewis) is sultry, seductive and all Samantha's on the big screen.

But last week, at a special breast cancer fundraiser at Ceili's on Granville, he belonged to this city. Swarmed by fetching females, the absolute hunk handled himself with poise and charm amid scores of bachelorettes and libidinous ladies just dying for a pinch and tickle. Oh well, who said life as a sex symbol was easy.

Meanwhile, with summer here, the living is easy at just about anyplace with a patio these days. The Society of Wine Educators raised a glass at its annual barbecue, patio party and scholarship dinner in honour of Rick Carl at the Vancouver Rowing Club.

And Chef Wayne Martin, of Crave on Main success, has taken his act to the beach in West Vancouver with the opening of Crave Beachside — a star-studded locals haunt whose decadent short-rib frites with truffle mayonnaise is literally flying out the door, and onto the deck.

SocialEyes
Catherine 'Cat' Barr
info@catherinebarr.com

Cat calls? Please visit www.catherinebarr.com to submit your event or e-mail info@catherinebarr.com.
She can also be heard on The Buzz 1410 AM Radio Tuesdays at 4:30 pm.

ABOVE: Diamonds are a girl's best friend — just ask sparkly Natalie Reiter, among the guests at the Ceili's party.

ABOVE: Pretty in pink, red, white and Zinfandel. Daenna Van Mulligen, of *winediva.ca*, enjoys a glass at the SWE Scholarship BBQ.

ABOVE: Actor Jason Lewis, left, and Ceili's GM Mark Reid are swarmed by hordes of swooning fans and femme fatales at the breast cancer fundraiser. **LEFT:** Looking sexy in the city this night are Cora Mau, left, and Erica Lam at the Ceili's event.

LEFT: Stylish sisters Jen and Heidi Hofstad strike a pose in support of breast cancer at the Smith Jarrod event at Ceili's.

ABOVE: We can only wonder how many winning tickets Vancouver Lookout GM Steve Bickerdike and his guest took home after winning the SWE Scholarship BBQ draw.

ABOVE: Paul Jordan, of Stile Wines, joins realtor Lucia at the SWE Scholarship BBQ.
BELOW: Knowing your wine, and having a good time, are the order of the night for Liberty Wines' Regan Schwartz and Bearfoot Bistro's Keith Nicholson.

ABOVE: Just as beautiful as the view, Crave servers Kayla Grant, left, and Mercedes Fenyo aim to please at the new West Vancouver eaterie.

Are You a Metro Adventure Seeker?
Tell us about your craziest adventure of all time and you could win a fun filled weekend at Sun Peaks Resort! We'll set you up with a two-night stay at the Coast Sundance Lodge, hiking and biking passes, plus kayak and mountain bike rentals. Enter to win at metronews.ca
Photo by: Adam Stein
The Coast Sundance Lodge
Sun Peaks Resort
metro
Do it daily.
No purchase necessary. One entry per person. Contest closes Sunday, August 2, 2008. Odds of winning depend on the number of entries received. For full contest rules and details, visit www.metronews.ca.

lunch money day
Find a day in June, July or August and bring your Lunch to Work!
HUNGER TAKES NO VACATION
Encourage people to brown bag their lunch this summer and donate their lunch money to help feed up to 10,000 children who depend on food banks each week.
Parent

CBS fine overturned for Jackson breast flash
A U.S. appeals court yesterday overturned a decision to fine CBS Corp. television stations $550,000 US for airing a brief breast flash by pop singer Janet Jackson during the 2004 Super Bowl broadcast. REUTERS

When the towel hits the floor ...

How are you going to handle it?

HineSight
Anne Hines

This morning, I would like to share some thoughts about how to have a peaceful and happy partnership. With luck, it will take my mind off the fight I'm having with my spouse.

Over the years, I've learned one or two things about how to make a relationship go smoothly. After three decades of dating and/or marriage, one or two things isn't bad.

What I've learned, and you might want to write this down, is this: Relationships are tricky.

The problem in my house this morning was that issue that raises its ugly head in every long-term relationship: One of us left a towel on the bathroom floor.

It is absolutely true that, whatever unhappy thing your partner has said recently about your sister or however much you've stewed about the time he/she spends playing golf, your frustration is going to come out over something that a) is trivial; and b) has nothing to do with what you're really upset about.

In short, in relationships, the sh_t hits the fan when the towel hits the floor.

Let's look at how two people faced with this relationship annoyance might handle the situation.

First, let's look at the person who is confident in themselves and their place in the partnership. This person sees the towel on the floor, knows it has nothing to do with other relationship issues and says something like, "Honey, you've left a towel on the bathroom floor."

Notice there are key words this relationship pro does not use.

Words like "again," "never," "always," and "you stupid twit." The words "never" and "always," have likely caused more relationship trouble than even, "Everyone gains weight at your age," or, "You said it was healthy to acknowledge our attraction to other people."

Next, we have the person we'll refer to as "the rest of us."

This person uses the most common strategy for dealing with relationship discord. This may be called "taking it all personally."

TRoU: I cannot believe you did this to me again. You never, never think of me and always, always leave your towel on the floor. I am so leaving you for someone who showers at the gym.

When it comes to relationships, it's best to remember two things. First, instead of getting a marriage licence, we should all be issued a learner's permit.

And, the best things in life are free. But they're never easy.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.

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DVD picks

21

Director: Robert Luketic
Stars: Kevin Spacey, Jim Sturgess, Kate Bosworth, Jack Gilpin, Jack McGee, Lawrence Fishburne
Rating: PG-13

IN ONE of the DVD extras for 21 – a film "inspired by" the real-life story of six MIT students who won millions at Las Vegas blackjack tables – it takes a mere five minutes to detail the history of the game, basic strategy and even the students' method of counting cards, the legal but despised-by-casinos technique that gave them the edge to beat the house.

It's too bad the makers of 21 didn't see fit to squeeze these five minutes of context into the film itself. In any movie involving a heist or scam, the how-to offers the biggest thrills. Director Robert Luketic and writers Peter Steinfeld and Allan Loeb show us pieces of the card-counting method, but never put it all together. If they had, it could have helped slim down the tedious backstory in Boston involving meek math nerd Ben Campbell (a listless Jim Sturgess), which occupies the first 27 minutes of the movie, before we get to the good stuff – or, at least, better stuff – in Vegas. There, the movie shows some signs of life, though it never achieves the excitement it aspires to. Ben's transformation from math geek to high roller doesn't go far enough – what, no drugs, no hookers? This is Vegas, right?

Kevin Spacey, as the two-faced MIT prof who runs the blackjack ring, burns at his usual intensity but can barely ignite a script that has all the dimension of a pair of deuces.

That the nastiness has been toned down for a PG-13 rating is fine. What isn't forgivable is the one thing this movie about a cabal of math geniuses lacks: brains.

TORSTAR NEWS SERVICE

MoreReviews www.metronews.ca

IntelleVision

Rick McGinnis

rick.mcginnis@metronews.ca

Rick McGinnis's IntelleVision column will return.

Going out

- **7:30 p.m.** The Back Kitchen Release Party. At Granville Island Stage, 1585 Johnston St. Tix: $31-38. Info: artsclub.com.
- **8 p.m.** King Lear. At Bard on the Beach, 310-601 Cambie St. Tix: $33. Info: bardonthebeach.org.
- **8 p.m.** French artist Sylvie performs live. At The Media Club, 695 Cambie St. Tix: $10. Info: themediaclub.ca..
- **9 p.m.** DJ Project Mayhem Swagger Jones's official CD Release Party. At The Plaza Club, 881 Granville St. Tix: $15. Info: theplazaclub.com.
- **10 p.m.** DJs John Betti Forde and Trevor Risk spin mash-up and classics. At Republic Nightclub, 958 Granville St. Info: donnellynightclub.com/?republic.

METRO VANCOUVER

Ebert, Roeper to leave TV show

CRITICS Influential film critics Roger Ebert and Richard Roeper are departing the movie-review show that bears their names, the two announced separately, leaving the program's future unclear.

Ebert, 66, who has been sidelined as co-host of At the Movies with Ebert & Roeper since 2006 due to health problems, said in a statement posted yesterday on the website of the Chicago Sun-Times that he was ending his relationship with the show.

He had no explanation for his departure, but said producers had decided to "take the program in a new direction." Ebert had remained active behind the scenes despite losing his voice to cancer.

His announcement came a day after Roeper, 48, said his last appearance on the show would be an episode airing Aug. 17. Both Ebert and Roeper are columnists for the Sun-Times.

The show's production company, Disney-ABC Domestic Television, had no immediate comment on the future of the long-running program. REUTERS

critics'corner

Law & Order: Special Victims Unit
Go to prison. Go directly to prison. Do not pass "Go"; do not collect $200. In this episode, Benson (Mariska Hargitay) has a new undercover assignment: exposing a crooked correctional officer. To do so, she poses as an inmate at the facility — which could prove hazardous to her health. Christopher Meloni, Richard Belzer and Ice-T also star. 10:01 PM on CTV NBC

Without a Trace
Opportunity knocks — or in this case, fires — for a woman trying to escape a bad situation. The Missing Persons Squad investigates when the woman disappears after an office shooting and discovers that her daughter is also missing ... and that this family has a secret. Sam (Poppy Montgomery) reveals her pregnancy to her co-workers in "Run." 10 PM on VI

VA	Vu	SC	C		7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime 7/22/08	251	308	3	CBC	Coronation St.	Just-Gags	Rick Mercer	22 Minutes	The Tudors "Episode 3"		CBC News: The National (N)		(:05) The Hour
	255	358	6	CH	E! News	The Insider	Real Housewives		Kimora: Fab	Kardashians	Living Lohan	D. Richards	News (N)
	254	-	8	M	Law & Order: SVU		Mandarin News		Cantonese News (N)		Punjabi News (In Punjabi N)		The Simpsons
	250	321	9	CTV	eTalk (CC)	Hollywood	Canadian Idol	Robson Arms	Criminal Minds (CC)		Law & Order: SVU		News (N)
	-	-	10	OMNI	According-Jim	George Lopez	Coach (CC)	Growing Pains	Darling Buds of May		The Daily	Diya (CC)	New Day
	252	336	11	GTV	Entertainment	ET Canada	Wipeout (N) (CC)		Big Brother 10 (N) (CC)		In Plain Sight (N) (CC)		News (N)
	256	389	12	VI	Degrassi	Friends (CC)	Celebrity Family Feud (N)		America's Got Talent (N)		Without a Trace "Run" (CC)		News (N)
	253	359	13	CITY	Wheel-Fortune	Jeopardy! (N)	Hell's Kitchen (N)		Japanese Game Show		Two/Half Men	Role	Reviews
	-	-	14	CW	'70s Show	'70s Show	Beauty and the Geek (CC)		Reaper "Acid Queen" (CC)		Seinfeld	Seinfeld	Frasier (CC)
	289	381	15	CBS	Entertainment	The Insider	NCIS "Brothers in Arms"		Big Brother 10 (N) (CC)		Without a Trace "Run" (CC)		News (N)
	287	379	16	NBC	Evening Mag.	Inside Edition	Celebrity Family Feud (N)		America's Got Talent (N)		Law & Order: SVU		News (N)
	602	568	19	W	Will & Grace	Friends (CC)	Maxed Out	Style by Jury	Kim	Style by Jury	How to Look Good Naked		Maxed Out
	288	380	21	ABC	Wheel-Fortune	Jeopardy! (N)	Wipeout (N) (CC)		Japanese Game Show		Primetime: Family Secrets		News (N)
	-	-	23	KVOS	M*A*S*H	Scrubs (CC)	Eight Men Out ★★★ (1988) John Cusack, Clifton James.				Cheers (CC)	Scrubs (CC)	Seinfeld
	291	383	27	PBS	Steves Europe	Rudy Maxa	Nova (CC) (DVS)		Wide Angle "Burning Season"		P.O.V. "9 Star Hotel" (N)		Change Your
	290	382	28	FOX	Two/Half Men	Two/Half Men	Kitchen Nightmares (CC)		House "Games" (PA) (CC)		News (N) (CC)		Family Guy
	-	364	28	PBS	Wide Angle "Burning Season"		Keeping Up	The Savages	Tavis Smiley	Charlie Rose (N) (CC)		Nova (CC) (DVS)	
	296	654	34	SBK	Frasier (CC)	Frasier (CC)	Cheers (CC)	South Park	Comics Un.	Half & Half	Entertainment	The Insider	Paid Program
	298	653	35	TLA	Two/Half Men	Two/Half Men	Beauty and the Geek (CC)		Reaper "Acid Queen" (CC)		KTLA Prime News (CC)		Friends (CC)
	295	651	38	WGN	(6:30) MLB Baseball Chicago Cubs at Arizona Diamondbacks. (Live) (CC)					WGN News	Will & Grace	Will & Grace	My Wife-Kids
	297	652	37	WPX	CW11 News at Ten		Two/Half Men	Friends (CC)	Sex and-City	Will & Grace	Frasier (CC)	George Lopez	Odd Couple
	199	311	76	STR	News (N)	News		Late Show-Letterman		(:37) Fear Itself (CC)		Late Late Show	
news	502	390	29	NW	24 Days in Brooks (CC)		CBC News: The National (N)		CBC News: The National		24 Days in Brooks (CC)		National
	500	500	43	CNN	Anderson Cooper 360 (CC)				Larry King Live		Anderson Cooper 360 (CC)		Cooper 360
sports	407	419	22	RSP	Sportsnet	MLB Baseball Boston Red Sox at Seattle Mariners. (Joined in Progress) (Live)					Sportsnet Connected (Live)		Sportsnet
	400	400	30	TSN	SportsCentre (Live) (CC)			In This Corner	Boxing (CC)			Boxing	SportsCentre
	411	457	49	OLN	Cycling		Adventures	Strand-Peters	Cycling Tour de France Stage 16. From Cuneo, Italy to Jausiers, France.				
	410	403	54	SCR	Score Update		Schwab	World Cup of Poker		Score Update	Score Update		Score Update
	417	406	55	SC	Super Bikes!	Super Bikes!	Pinks	Pass Time	Unique Whips		Low Life	SuperCars	Super Bikes!
	416	409	144	GLF	(6:00) Fútbol de España		Gol TV News		Hallo Bundesliga		Gol TV News		Gol TV News
family	552	543	25	YTV	Malcolm-Mid.	Prank Patrol	Fries That?	Futurama	Prank Patrol	Mystery Hnt.	Falcon Beach (CC)		Mystery Hnt.
	555	545	50	TEL	George	Merrie Melody	Loonatics	6teen	Total Drama	Futurama	Spaceballs ★★ (1987) Mel Brooks. (CC)		
	557	541	51	FAM	That's-Raven	Smart Guy	Zack & Cody	Natural-Sadie	Han. Montana	Life Derek	Ned's School	Cory in House	Zack & Cody
	553	546	56	TRE	Big Comfy	Rolie Polie	Beren. Bears	Dragon	Backyard	Dora-Explorer	Go, Diego, Go!	Treetown	Big Comfy
cable variety	268	354	3	KNO	Gardens	Recreat. Eden	Himalaya With Michael Palin		To Dublin With Love (CC)		Mountain of Gold (CC)		Leading Edge
	575	583	20	CMT	Home Imp.	Roseanne	CMT30 "Dauphin 2008"		Reba (CC)	Hope & Faith	Home Imp.	Roseanne	Ed "Loyalties"
	570	580	24	MM	Instant Star	Instant Star	Gone Wild	Gone Wild	So You Think You Can Dance (CC)				Dance
	600	564	26	H&G	The Stagers	Green Force	Holmes on Homes (CC)		Dirty Business	Outside	Colin & Justin's Home Heist		The Stagers
	615	520	61	A&E	The Cleaner "Rag Dolls" (N)		The Cleaner "Rag Dolls"		The First 48 "Blackout" (CC)		The First 48 Cabdriver. (CC)		The Cleaner
	628	584	62	SPKE	CSI: Crime Scene Invstgtn.		CSI: NY (CC)		CSI: Crime Scene Invstgtn.		Star Trek: Voyager "Demon"		Deep Space 9
	521	560	63	TLC	Ashley Paige	Ashley Paige	Dress	Reception	Must Love Kids		Ashley Paige	Ashley Paige	What Not
	616	522	69	SHO	ReGenesis (CC)		Blue Murder "Heroes" (CC)		Trailer Park	Kenny-Spenny	CSI: NY "The Ride-In" (CC)		House (CC)
	620	523	70	BVO	Live at the Rehearsal Hall		Law & Order "I.D." (CC)		Without a Trace (CC)		Entourage	(:45) Witch Hunt ★★ (1994)	
	601	562	71	SLC	Plastic-Perfect	Matchmaker	Newlywed	In Laws	Shear Genius		Plastic-Perfect	Matchmaker	Trading Sp
	520	505	72	DIS	Deadliest Catch "Mortal Men"		Daily Planet		Mighty Ships "Maersk"		Deadliest Catch "Mortal Men"		How It's Made
	522	506	74	HIS	NCIS "Kill Ari" (CC)		Digging for the Truth (CC)		Secrets of the First Emperor		NCIS "Kill Ari" (CC)		Crime Stories
	627	528	75	SPC	Battlestar Galactica (CC)		Stargate SG-1 "Avenger 2.0"		Star Trek: Voyager (CC)		Star Trek: Enterprise (CC)		Star Trek Gen.
	294	650	97	TBS	The Office	The Office	My Boys	Sex and-City	Sex and-City	Selena ★★★ (1997, Biography) (PA) Jennifer Lopez. (CC)			
	619	525	98	TROP	News Show	News Show	ET Canada	What	Family Guy	Seinfeld	Seinfeld	Frasier (CC)	Family Guy
	603	561	99	FN	Top Chef "The Elements"		Restaurant Makeover (CC)		Iron Chef America (CC)		HEAT	HEAT	Top Chef
	626	547	57	COM	Air Farce	22 Minutes	Laughs	Corner Gas	The Simpsons	South Park	Comedy Inc.	Tom Green	Daily Show
	320	621	60	CEN	(6:30) Young Triffie (2006) (CC)		Heidi Fleiss: Madam		(:15) The King of Kong: A Fistful of Quarters			Heidi Fleiss: Madam	
	581	566	101	MTV	From G's to Gents (N) (CC)		MTV Live	Second Half	The Real World "Hollywood"		From G's to Gents (CC)		MTV Live
	261	394	102	V	God in China: Struggle		The Blue Buddha (Part 1 of 2)		China's Leap of Faith		God in China: Struggle		Paid Program
	-	-	105	MUL	The Land	Daughters	Il Caffe		In Germany	Euromaxx	Schauplatz	Euro. Journal	Patrol World

Going country Jessica Simpson's first country concert was met with mixed reaction. Audiences booed and clapped as the singer, 28, opened for Sara Evans on Saturday at the Country Thunder USA festival in Randall, Wisc. USMAGAZINE.COM

Celebrity Buzz

Trying for baby 'fun'

PARENTS TO BE? Rebecca Romijn and Jerry O'Connell, who celebrated their first wedding anniversary July 14, are not expecting a baby — yet.

"We're trying to get pregnant," the actor told People. "It would be amazing if it happened. I hope it does."

O'Connell, who says trying to get pregnant is "a lot of fun."

Though the couple spent their first wedding anniversary apart — she was in New York and he was in L.A. — O'Connell says their time apart may actually help their relationship.

"Being apart, you want to make the most of your time together," he says. "And we really have a lot of fun together."

METRO NEWS SERVICES

GETTY IMAGES PHOTOS

Thurman denies secret wedding

PEOPLE Actress Uma Thurman has denied reports she has wed her boyfriend Arpad Busson in a secret ceremony, after reports surfaced the couple's engagement party was a guise for their nuptials, imdb.com reports. According to the New York Post, Thurman — who sparked pregnancy rumours when she was snapped with a protruding stomach in Europe last week — is allegedly enjoying her honeymoon on the trip with Busson.

Stone, Nelly an item?

COUPLINGS Joss Stone is reportedly dating Nelly, femalefirst.co.uk reports.

The soul singer has been on several secret dates with the 33-year-old rap star — who is 12 years her senior — and is said to be smitten with him. "Joss and Nelly have been out on a few dates," a source said.

"It's early days but Joss is really happy. It's great that she has met someone as successful as she is and who understands the pressures of being a performer."

Stone, 21, is also reducing her hectic work schedule this year so she can have more time for herself, and spend more time with Nelly.

METRO NEWS SERVICES

Brosnan voted top gay icon

OVER 50 Pierce Brosnan has defeated Bruce Willis and Richard Gere to land the title of most popular gay icon over 50, imdb.com reports. The former James Bond took 33 per cent of the vote, compared with Willis and Gere, who took 25 and 14 per cent respectively, while Harrison Ford and Mel Gibson scooped fourth and fifth places. The poll was compiled by dating agency gay-parship.co.uk.

METRO NEWS SERVICES

celebrity brief

Hart not over Pink; exes still close

PEOPLE Carey Hart and Pink may have split, but that doesn't mean they're not still close, People.com reports.

"We talk all the time and try to stay connected as much as possible," Hart said. "It's a tough situation to be in but I love her to death."

And though they are not longer a couple, Hart confesses he still misses his ex. "I miss everything about her," he says. And in the wake of their split, "I became a workaholic," says the motocross star.

"I work 19 hours a day." Carey, who married Pink in 2006 and split in February, isn't ready to move on.

Says Hart: "I'm not in any rush to get back into a relationship."

METRO NEWS SERVICES

Love and Cobain's daughter interning at Rolling Stone

PEOPLE Most magazine interns fetch coffee, run errands for editors and do some actual work — but maybe not Frances Bean Cobain, PageSix.com reports.

The 15-year-old daughter of Courtney Love and late rocker Kurt Cobain is the new summer aide at Rolling Stone. Insiders say "she doesn't get coffee for anyone . . . calls in sick all the time and wears funny outfits."

A Rolling Stone rep denied the story, telling Page Six, "She's a great girl, and we're thrilled to have her."

METRO NEWS SERVICES

celebrity brief

Hudgens not jealous of Zac's fans

COUPLES Vanessa Hudgens is adamant she is not jealous of her boyfriend Zac Efron's legions of adoring female fans, imdb.com reports. The High School Musical co-stars have been dating for nearly a year, and Hudgens admits she often feels like a giggly, teenage fan when she is around him. She says, "I don't get jealous when Zac gets loads of attention. I do, too. And I don't mind if girls scream at him — I like to scream along too."

METRO NEWS SERVICES

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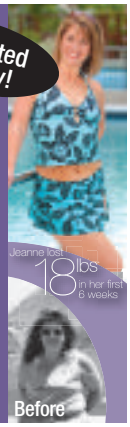
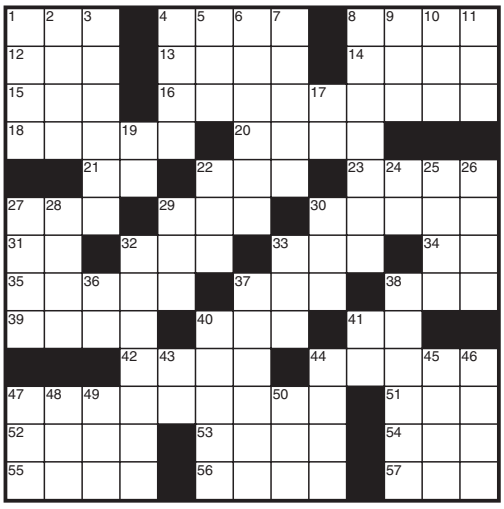


Parental advice

Funny man Will Ferrell has jokingly advised actress Nicole Kidman to talk to her newborn daughter, Sunday Rose, "at least" once a week. "If you've got time, do it two or three times a week," he added. FEMALEFIRST.CO.UK

Take Five



Crossword down

1 Sluggish
2 Tub in the fridge
3 One at a time
4 Tiers
5 Big fuss
6 Closet door hanging
7 Lap dogs
8 More amusing
9 Balloon filler
10 Rapper Tone —
11 Summer in France
17 Musical note
19 Sundial numeral
22 Murky
24 Extra hrs.
25 Karachi language
26 QB — Williams
27 Jane Austen heroine
28 Lake bird
29 In the doldrums
30 About half of us
32 Progress
33 "Ulalume" poet
36 Informal assent
37 Bayou dweller
38 Flotsam and —
40 Husband's mom (hyph.)
41 Opry's st.
43 News agcy.
44 Nile goddess
45 Ceremony
46 Whitish gem
47 — Paulo
48 Worn-down pencil
49 Crude metal
50 Big bankroll

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Crossword across

1 Part of UCLA
4 Turnpike exit
8 Cartoon chipmunk
12 Muhammad —
13 "Garfield" pooch
14 Mob scene
15 Buddhist practice
16 Employees
18 Hindu mystics
20 Actual
21 51, to Flavius
22 Old PC system
23 At high volume
27 England's Isle of —
29 Term of respect
30 Paris subway
31 Yr. fraction
32 Omelette extra
33 Each
34 Fond — Lac, Wis.
35 Lowed
37 Debate side
38 Wine purchase
39 "Diana" singer
40 Fury
41 "Tao — Ching"
42 Great dog?
44 Survey course
47 Highway gear
51 Not guzzle
52 Faint glow
53 Eurasian range
54 — — loss for words
55 Comply
56 Marries
57 Ferrer or Tillis

previous day's answer

H	O	P	■	S	E	A	L	■	R	E	A	D
E	R	A	■	E	T	R	E	■	E	R	G	O
A	S	I	D	E	■	R	A	T	E	■	O	M
R	O	D	E	■	I	O	D	I	D	E	■	■
T	N	■	B	R	O	W	S	E	■	R	A	M
■	■	B	R	E	W	S	■	■	K	E	P	I
S	A	L	I	V	A	■	S	A	U	C	E	R
E	T	A	S	■	■	B	U	R	N	T	■	■
C	A	B	■	B	L	U	I	N	G	■	P	A
■	■	S	P	R	I	N	T	■	F	L	E	X
L	G	■	R	A	N	D	■	G	U	I	D	E
A	N	N	E	■	E	L	L	A	■	M	A	L
P	U	L	P	■	D	E	A	L	■	E	L	S

This day in history

JULY 22, 1933: Wiley Post becomes first person to fly solo around the world, travelling 15,596 miles in 7 days, 18 hours and 45 minutes.
JULY 22, 1937: The United States Senate votes down President Franklin D. Roosevelt's proposal to add more justices to the Supreme Court of the United States.
JULY 22, 1942: Holocaust: The systematic deportation of Jews from the Warsaw Ghetto begins.
JULY 22, 1999: The first version of MSN Messenger is released by Microsoft.

Horoscopes

AVATAR VENUS

ARIES
MARCH 21-APRIL 20
Your finances will need fine tuning. A romance with a peer is possible. Expect to hear a declaration that changes things.

TAURUS
APRIL 21-MAY 21
An organizer can make you efficient. A fun-loving associate has ulterior motives. Time's running out for a boring boss.

GEMINI
MAY 22-JUNE 21
A friend won't remember what you did. Get on track by pushing into new areas. Battle against weariness by learning something new.

CANCER
JUNE 22-JULY 22
Earn gratitude by having a serious chat. A deal will astound you. Bad plumbing initiates a house cleaning.

LEO
JULY 23-AUG 23
An emotional bond will develop with an absent person. You'll be happy about several things. A daydreamer will support you.

VIRGO
AUG 24-SEPT 22
An odd contact is lethargic. A lonely buddy will create a plan. A boss will go further than you anticipated.

LIBRA
SEPT 23-OCT 23
Your appearance isn't the solution to problems. Spend time with an ecstatic person. You must ask an authority figure to be fair.

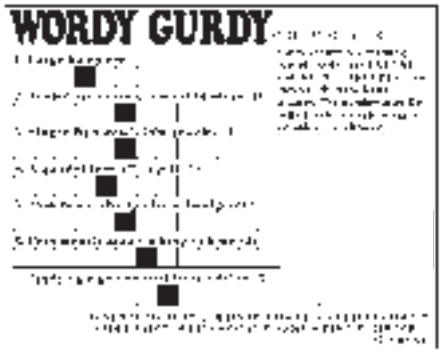
SCORPIO
OCT 24- NOV 22
Your attitude changes when a man starts shouting. Try out a ridiculous theory. You'll have to work with a clown to get a job done.

SAGITTARIUS
NOV 23- DEC 21
Taking time off from work is a good thing. Think about details before making a change. Lend a hand before being asked.

CAPRICORN
DEC 22-JAN 20
A lover weeps over a disappointment. A new start may be sought. You'll trust someone you've recently met.

AQUARIUS
JAN 21-FEB 18
Spend time with a miserable person. Avoid battles when there's nothing left to lose. Reduce panic or fatigue will ensue.

PISCES
FEB 19-MAR 20
Don't growl when frustration leads to a snit. Detours will interrupt your quiet time. Good deals are found when women are around.



Sudoku

INSTRUCTIONS:
The digits 1 through 9 will appear exactly once in each row, each column, and each zone. (A zone is an outlined 3x3 grid within the larger puzzle grid. There are nine of these zones in the puzzle.) Do not enter a digit into a box if it already appears elsewhere in the same 3x3 zone, or in the same row across the puzzle, or column down the puzzle.

previous day's answer

3	6	8	9	7	5	2	1	4
7	9	4	2	6	1	3	5	8
5	2	1	3	8	4	7	6	9
8	7	3	5	4	6	9	2	1
2	1	9	7	3	8	5	4	6
4	5	6	1	9	2	8	7	3
6	3	2	8	1	7	4	9	5
1	8	7	4	5	9	6	3	2
9	4	5	6	2	3	1	8	7

SOLVE TIME IN MINUTES:
Under 13 . . . . . Genius
13-17 . . . . . Scholar
17-21 . . . . . Smart
21-25 . . . . . Not bad
25+ . . . . . Keep practicing

	6	1	4		5			9
		5	7	9	3			
	8		2					
		6				9	5	7
1	2	7				6		
					4		3	
			1	2	8	5		
8			9		6	7	4	

Vancouver weather

Afternoon	Tonight	Wednesday	Thursday	Friday
Variable. 20°	Partly cloudy. Low 13°	Mainly sunny. 20°/ 13°	Partly cloudy. 21°/ 14°	Mainly sunny. 21°/ 15°

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Temperature
Normals
High: 22.7°
Low: 13.4°

Records
High: 29.7°/1990
Low: 10.5°/1977

Sunrise: 5:32 a.m.
Sunset: 9:4 p.m.
Moonset: 10:31 a.m.
Moonrise: 10:46 p.m.

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